

SPIN Schedule

Jun 2019 (Eastern Time - New York)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
26	27	28	29	30	31	1 9 a m - Spin Class @
2 6 a m - Spin Class @ 5:30 p m - Spin Class @ 6:45 p m - Spin Class @	3 4:15 p m - Spin Class @ 6:15 p m - Spin Class @	4 6 a m - Spin Class @ 7:30 a m - Spin Class @ 5:30 p m - Spin Class @	5 4:15 p m - Spin Class @ 5:30 p m - Happy Hour 6:45 p m - Spin Class @	6 6 a m - Spin Class @ 7:30 a m - Spin Class @	7 9 a m - Spin Class @	8
9 6 a m - Spin Class @ 5:30 p m - Spin Class @ 6:45 p m - Spin Class @	10 4:15 p m - Spin Class @ 6:15 p m - Spin Class @	11 6 a m - Spin Class @ 7:30 a m - Spin Class @ 5:30 p m - Spin Class @	12 4:15 p m - Spin Class @ 5:30 p m - Happy Hour 6:45 p m - Spin Class @	13 6 a m - Spin Class @ 7:30 a m - Spin Class @	14 9 a m - Spin Class @	15
16 6 a m - Spin Class @ 5:30 p m - Spin Class @ 6:45 p m - Spin Class @	17 4:15 p m - Spin Class @ 6:15 p m - Spin Class @	18 6 a m - Spin Class @ 7:30 a m - Spin Class @ 5:30 p m - Spin Class @	19 4:15 p m - Spin Class @ 5:30 p m - Happy Hour 6:45 p m - Spin Class @	20 6 a m - Spin Class @ 7:30 a m - Spin Class @	21 9 a m - Spin Class @	22
23 6 a m - Spin Class @ 5:30 p m - Spin Class @ 6:45 p m - Spin Class @	24 4:15 p m - Spin Class @ 6:15 p m - Spin Class @	25 6 a m - Spin Class @ 7:30 a m - Spin Class @ 5:30 p m - Spin Class @	26 4:15 p m - Spin Class @ 5:30 p m - Happy Hour 6:45 p m - Spin Class @	27 6 a m - Spin Class @ 7:30 a m - Spin Class @	28 9 a m - Spin Class @	29
30	1	2	3	4	5	6