

Fitness Class Schedule

Sep 2019 (Eastern Time - New York)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 7:45am - Pure Power	2	3	4 6:45pm - Pure Power	5	6 10:15am - Pure Power	7 10:15am - Body Sculpt
8 7:45am - Pure Power	9	10	11 6:45pm - Pure Power	12	13 10:15am - Pure Power	14 10:15am - Body Sculpt
15 7:45am - Pure Power	16	17	18 6:45pm - Pure Power	19	20 10:15am - Pure Power	21 10:15am - Body Sculpt
22 7:45am - Pure Power	23	24	25 6:45pm - Pure Power	26	27 10:15am - Pure Power	28 10:15am - Body Sculpt
29 7:45am - Pure Power	30	1	2	3	4	5