

Group Personal Training Schedule

Sep 2019 (Eastern Time - New York)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 9am - Group Personal 4pm - Group Personal 5:30pm - Group Personal 6:45pm - Group Personal	2 6am - Group Personal 5:30pm - Group Personal 6:45pm - Group Personal	3 9am - Group Personal 10:15am - Group Personal 5:30pm - Group Personal	4 6am - Group Personal 5:30pm - Group Personal 6:45pm - Group Personal	5 9am - Group Personal	6	7
8 9am - Group Personal 4pm - Group Personal 5:30pm - Group Personal 6:45pm - Group Personal	9 6am - Group Personal 5:30pm - Group Personal 6:45pm - Group Personal	10 9am - Group Personal 10:15am - Group Personal 5:30pm - Group Personal	11 6am - Group Personal 5:30pm - Group Personal 6:45pm - Group Personal	12 9am - Group Personal	13	14
15 9am - Group Personal 4pm - Group Personal 5:30pm - Group Personal 6:45pm - Group Personal	16 6am - Group Personal 5:30pm - Group Personal 6:45pm - Group Personal	17 9am - Group Personal 10:15am - Group Personal 5:30pm - Group Personal	18 6am - Group Personal 5:30pm - Group Personal 6:45pm - Group Personal	19 9am - Group Personal	20	21
22 9am - Group Personal 4pm - Group Personal 5:30pm - Group Personal 6:45pm - Group Personal	23 6am - Group Personal 5:30pm - Group Personal 6:45pm - Group Personal	24 9am - Group Personal 10:15am - Group Personal 5:30pm - Group Personal	25 6am - Group Personal 5:30pm - Group Personal 6:45pm - Group Personal	26 9am - Group Personal	27	28
29 9am - Group Personal 4pm - Group Personal 5:30pm - Group Personal 6:45pm - Group Personal	30 6am - Group Personal 5:30pm - Group Personal 6:45pm - Group Personal	1 9am - Group Personal 10:15am - Group Personal 5:30pm - Group Personal	2 6am - Group Personal 5:30pm - Group Personal 6:45pm - Group Personal	3 9am - Group Personal	4	5