

SPIN Schedule

Sep 2019 (Eastern Time - New York)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 4p m - Spin Class @ 1290	2 6 am - Spin Class @ 1290 6:15pm - Spin Class @ 1290	3 6:15pm - Spin Class @ 1290	4 6 am - Spin Class @ 1290 7:30am - Spin Class @ 1290 5:30pm - Spin Class @ 1290	5 4:15pm - Spin Class @ 1290	6 6 am - Spin Class @ 1290 7:30am - Spin Class @ 1290	7 9 am - Spin Class @ 1290
8 4p m - Spin Class @ 1290	9 6 am - Spin Class @ 1290 6:15pm - Spin Class @ 1290	10 6:15pm - Spin Class @ 1290	11 6 am - Spin Class @ 1290 7:30am - Spin Class @ 1290 5:30pm - Spin Class @ 1290	12 4:15pm - Spin Class @ 1290	13 6 am - Spin Class @ 1290 7:30am - Spin Class @ 1290	14 9 am - Spin Class @ 1290
15 4p m - Spin Class @ 1290	16 6 am - Spin Class @ 1290 6:15pm - Spin Class @ 1290	17 6:15pm - Spin Class @ 1290	18 6 am - Spin Class @ 1290 7:30am - Spin Class @ 1290 5:30pm - Spin Class @ 1290	19 4:15pm - Spin Class @ 1290	20 6 am - Spin Class @ 1290 7:30am - Spin Class @ 1290	21 9 am - Spin Class @ 1290
22 4p m - Spin Class @ 1290	23 6 am - Spin Class @ 1290 6:15pm - Spin Class @ 1290	24 6:15pm - Spin Class @ 1290	25 6 am - Spin Class @ 1290 7:30am - Spin Class @ 1290 5:30pm - Spin Class @ 1290	26 4:15pm - Spin Class @ 1290	27 6 am - Spin Class @ 1290 7:30am - Spin Class @ 1290	28 9 am - Spin Class @ 1290
29 4p m - Spin Class @ 1290	30 6 am - Spin Class @ 1290 6:15pm - Spin Class @ 1290	1 [Greyed out]	2 [Greyed out]	3 [Greyed out]	4 [Greyed out]	5 [Greyed out]